



First Aid Pod Folding Instructions

Step 1: Grab the First Aid Pod from the sides and fold it together, once folded it will have a natural curve in it.



Step 2: With the curve facing towards you fold the top of the First Aid Pod towards your feet, kneeling on the bottom of the Pod will stop it from moving.





Step 3: With your right hand Grab both of the right hand edges of the Pod and turn inwards towards the centre.



Step 4: With your left hand grab both of the left hand edges of the Pod and turn inwards towards the centre.



Step 5: Put the First Aid Pod back in the carry bag so it can be used again.

